About 45% of cancer in Alberta is caused by factors we can change. That’s about 6,700 cancer cases we could prevent each year, if we work together. Some types of cancer are more preventable than others. This graphic shows the number of cancer cases in Alberta that are linked to modifiable factors. Visit HealthierTogether.ca for more information.

**TOBACCO**
2,485 CANCER CASES

**PHYSICAL INACTIVITY**
1,134 CANCER CASES

**OVERWEIGHT**
673 CANCER CASES

**OVERWEIGHT**
673 CANCER CASES

**ALCOHOL**
617 CANCER CASES

**LOW FRUITS & VEGETABLES**
290 CANCER CASES

**LOW VITAMIN D**
217 CANCER CASES

**LOW CALCIUM**
149 CANCER CASES

**RED MEAT**
181 CANCER CASES

**PROCESSED MEAT**
54 CANCER CASES

**BIRTH CONTROL PILLS**
136 CANCER CASES

**RADON**
323 CANCER CASES

**LOW FRUITS & VEGETABLES**
290 CANCER CASES

**AIR POLLUTION**
36 CANCER CASES

**OVERWEIGHT**
673 CANCER CASES

**ALCOHOL**
617 CANCER CASES

**LOW VITAMIN D**
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290 CANCER CASES

**AIR POLLUTION**
36 CANCER CASES

*Use of hormone replacement therapy is linked to an increased risk of breast and ovarian cancers, but a decreased risk of endometrial cancers. Current or recent use of birth control pills is linked with an increased risk of breast cancer, but a decreased risk of both endometrial and ovarian cancers. The numbers shown here are estimates of the cancers caused by these medications, but do not account for cases of cancer that may have been prevented.